
Preparing to visit with your surgeon

It may be helpful to consider the following in order to prepare for your visit with your surgeon. You may print the following pages and make notes to bring with you to your appointment.

Are you experiencing pain or other symptoms or discomfort (e.g. nausea, vomiting, fatigue, pain)? If so, how often are you experiencing these symptoms?

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How intense are the symptoms/suffering at their worst? Do you require the use of pain relievers or other medications to alleviate symptoms?

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Other (non-pain) forms of suffering such as psychological (e.g. stress, anxiety, depression).

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Does your condition affect your ability to perform normal day to day activities? (such as managing one's family, relationships, work life and activities)

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Do you have any other medical conditions such as heart, lung, or kidney problems?

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Are you currently taking medications (prescription or non-prescription)? Provide the names of medications, along with the dosage you are taking.

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Do you have any allergies that your surgeon should be aware of? (e.g. medications, latex)

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